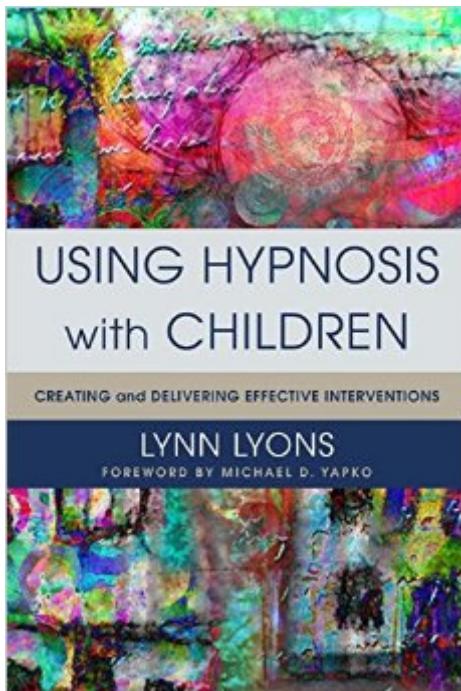


The book was found

# Using Hypnosis With Children: Creating And Delivering Effective Interventions



## Synopsis

How to create and deliver effective hypnotic interventions with children. From the initial interview to creating the best metaphors, *Using Hypnosis with Children* is a practical, step-by-step guide that shows health care providers (including therapists, nurses, pediatricians, dentists, and educators) how to create and deliver hypnotic interventions that are customized and effective into their pediatric clinical work, with utilization and flexibility as key components to an overall treatment approach. Using case examples of language for all age groups, readers learn first how to identify the salient targets or themes, deliver a session that hits these targets with precision, and then connect the session to the child's everyday experience. More broadly, readers learn to use hypnosis as a way to help create new neural pathways, teach self-regulation, introduce a more internal locus of control, and develop positive interpersonal experiences. Chapters focus on the most common issues that children face, including anxiety, depression, medical procedures/pain, and sleep.

## Book Information

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## Customer Reviews

A superb approach to treating kids! Lynn Lyons offers lots of sensible and practical advice for the strategic treatment of a wide range of childrens' problems. Great ideas, great examples, great sample hypnosis session transcripts. This book has much to offer and I enthusiastically give it top scores.

An awesome book. Very readable, simply and clearly written, and full of useful tips and helpful case

illustrations. I would recommend it highly to all adults who love working with and helping kids.

This is a wonderful guide for professionals trained in the use of hypnosis and translates strategies clearly and well for application in the pediatric population.

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